



RICHARD DUCKWORTH

Mountain Leader

CV

Personal Details

Address: 8 Shottwood Fold, Littleborough, Lancs, OL15 9PQ
Mobile: 07900 556910
Email: info@richardduckworthml.co.uk
Web: www.richardduckworthml.co.uk
MT Candidate ID: 179755

Instagram [richardduckworthml](https://www.instagram.com/richardduckworthml)
Twitter [@richardDuckworthml](https://twitter.com/richardDuckworthml)
Facebook www.facebook.com/richard.duckworthml



About me

I have been hill walking and enjoying the mountain areas of the UK for many years and I want to share my passion and enthusiasm for walking with everyone I get chance to spend time on the hill with. I have a genuine passion for hill walking, strong leadership skills, experience of leading groups and particularly enjoy sharing my environmental knowledge and helping people connect with the natural environment.

Experience & Background

- Passion for the outdoors and have a wide and broad walking experience base.
- 12 years walking experience in moorland, hill and mountain areas of the UK.
- Have walked several thousand miles and have spent time walking in every UK National Park
- BMC & MTA Full member
- Fully insured
- Selected in 2018 by MTA for their Mentoring scheme.
- Supporter of Mend our Mountains – undertook a major project with the BMC in summer 2018 and raised over £9k for path repair projects.

Skills & Qualifications

- Mountain Leader (summer)
- REC 2 day first aid
- NNAS Bronze / Silver / Gold + Assessment
- NNAS Tutor (Teaching Navigation) Award
- Course Provider for the Bronze and Silver NNAS Award Scheme
- DofE Supervisor
- Trained in Risk Assessment, HSE procedures & RIDDOR reporting.

Recent CPD

- Working Helvellyn's Edges within remit as an ML; Graham Uney - May 19
- FOLD Bird habitats of the Lake District - A guide of what to see and where; Stephen Holt - May 19

- 1 day ML refresher: Graham Uney - March 19
- Exploring the Lakeland Environment: Natures Work Jim Langley – March 19
- Met Office Mountain Weather – Feb 19
- Advanced Navigation: TeamWalking – Nov 18
- NNAS Teaching Navigation Tutors workshop – Aug 18
- ML Ropework and Steep Ground refresher – March 18
- NNAS Gold Award Assessment: Team Walking – Jan 18
- DofE Award Expedition Supervisor Training Course – Jan 18

Selected Recent Walks & Freelance work (last 6m)

Bal Mawr from Llanthony	Brecon Beacons	Solo
Cadair Idris & Myntdd Moel from Mynfordd Hotel	Snowdonia	Solo
Ben Vane from Inveruglas	Loch Lomond	Solo
Carn Liath from Loch Moraine	Cairngorms	Solo
Tom a Choinnich & Toll Creagach from Glen Affric	NW Highlands	Solo
Rhinogs - Rhinog Fach, Y Llethr & Diffwys	Snowdonia	Solo
Catstye Cam from Glenridding	Lake District	Assistant Leader
Malham - Gordale Scar - Weets Top - Airton - Malham	Yorks. Dales	Assistant Leader
White Side, Little Man, Helvellyn, Nethermost, Dollywaggon	Lake District	Solo
Arran - Three Beinns Horseshoe (Beinn Nuis, Beinn Tarsuinn and Beinn a'Chliabhain)	Arran	Solo
Arran - Casteal Abhail, Cir Mohr & A'Chir	Arran	Solo
Arran - Goatfell, North Goatfell (Stacach Ridge), Mullach Buidhe & Cioch na h-Oighe	Arran	Solo
Helvellyn via Striding Edge and Nethermost Pike	Lake District	Assistant Leader
Arnison Crag from Patterdale	Lake District	Group Leader
Hard Knott & Little Stand via Swinsty Gill	Lake District	Group Leader
Cat Bells Visit Britain event	Lake District	Freelance work
Scafell Pike	Lake District	Freelance work
Yorkshire 3 Peaks	Yorks. Dales	Freelance work
St Sunday Crag, Fairfield, Hart Crag, Dove Crag & Hartsop Above How from Brotherswater	Lake District	Solo
Fairfield Horseshoe	Lake District	Freelance work
Yorkshire 3 Peaks	Yorks. Dales	Freelance work
Mam Tor from Castleton	Peak District	Freelance work
Trow Gill from Clapham	Yorks. Dales	Freelance work
Sannox Horseshoe, Arran	Arran	Solo
Derwent Water challenge	Lake District	Freelance work
Helvellyn sunset via Dollywaggon Pike & Nethermost Pike	Lake District	Freelance work
The North Face Brand Launch event, Conistone	Yorks. Dales	Freelance work

Who I've worked with recently (references available)

- TeamWalking/Mark Reid, Yorkshire Dales & Peak District, www.teamwalking.co.uk
- Graham Uney, Lake District, www.grahamuneymountaineering.co.uk
- Mountain-Walks, Lake District, www.mountain-walks.co.uk
- Rochdale Youth Service , DofE